



INCREMENTA

Case Study – Leadership

Incrementa helps first time leader with imposter syndrome.

- **Problem**

This first-time leader working in one of the leading real time air quality monitoring companies was struggling to come to terms with leading a growing team, including a couple of difficult people. This was causing significant issues with personal confidence and stress.

- **Support provided by Incrementa**

Incrementa provided this first-time leader with a series of monthly coaching sessions working on areas of personal resilience, confidence and dealing with difficult people. The sessions utilised action learning principles to solve these problems.

- **Outcome**

- Confidence of the first-time leader significantly improved leading to a direct promotion to Chief Technology Officer.

For further information about how Incrementa can help to support your business email enquiries@incrementa.co.uk or call 0116 2793652